



Narrative Painting – Elizabeth Selna

Materials List

Acrylic or Oil Paints

Suggested colors (Please, no lead-based paints in the classroom)

- Titanium White
- Yellow Ochre or Mars Yellow
- Cadmium Yellow Light or Medium
- Cadmium Lemon or Hansa Yellow
- Light Red, Red Oxide or Terra Rosa
- Burnt Umber
- Magenta
- Alizarin Crimson
- Cadmium Red Light
- Ultramarine Blue
- Cerulean Blue
- Viridian
- Ivory Black

Other additional colors:

- Raw umber
- Indian Yellow
- Naples Yellow Light (Utrecht brand)
- Burnt sienna • Permanent Alizarin
- Pthalo Turquoise (can replace viridian and cerulean)
- Pthalo Green (replaces viridian)
- Cobalt blue

Suggested Mediums for Oils:

- Liquin or Galkyd refined linseed oil
- Turpenoid or Gamsol (not green turpenoid.)
- Please no mineral spirits, regular turpentine or varnishes

Suggested Mediums for Acrylics:

- Acrylic gloss or matte medium
- Acrylic retarding medium
- Golden Heavy Gel Matte Golden Acrylic
- Glazing Liquid

Brushes: (A combination of the following. Bring what you have and we will go over brushes on the first day)

- Bright style bristle brushes
- Round style brushes sizes; small to large
- Filbert style bristle brushes
- Flat style bristle brushes

Painting Supports:

- Canvas board: 11 x 14 or 12 x 16 and/or 16 x 20
- Stretched canvas (per above)
- canvas pads

Additional items:

- Palette: 12" x 16" or similar, (artist's palette, opaque white or gray plexiglass or or disposable palette)
- Palette knives
- Palette cups
- Paper towels
- Cotton rags (torn up bedsheets/ t-shirts, etc.)
- Container for used turpenoid with spill proof lid, (glass jar, etc.) can be recycled
- Brush cleaner (Dawn detergent for synthetic brushes, Master's brush cleaner/or Saddle Soap for natural bristle)