

Materials List

Feel free to create in your journal using whatever art supplies and techniques appeal to you. I encourage you to draw, paint, collage, and combine media - even if you think you "can't". Abstract marks can make powerful art.

Here are some recommended art supplies. You do not need everything on this list, and you can feel free to add items not included here. No need to purchase expensive materials, student quality is fine. Be sure to check the Depot for Creative Reuse in Oakland on Telegraph Ave. & 45th St. for really inexpensive used art supplies.

Bring your journal and favorite supplies to each class.

- Journal - can be a sketchbook, ready-made journal, handmade book, or a repurposed hardback book. A repurposed hardcover book with absorbent pages is my personal favorite journal.
- Pens, pencils, colored pencils, dip pens and ink, paints (acrylic or watercolor) & brushes, chalk or oil pastels, charcoal, etc.
- Plastic water container
- Rags or paper towels

Recommended:

- White gesso (a primer) and an inexpensive flat artist paint brush 1/2 to 1 inch wide, foam brush ok.
- Waxed paper to protect the other pages in your journal from paint and glue drips as you work.

Optional:

- Clear Gesso and a flat paint brush, foam brush OK.
- Gel Medium - matte or gloss (an archival adhesive, also great for transferring images) and a flat paint brush, foam brush OK.
- Collage supplies - images from books/magazines, decorative papers, textiles, fibers, etc., glue, scissors and/or an Xacto knife and cutting mat.
- Gelli plate monoprinting plate, acrylic paint, brayer, stencils, etc.
- Rubber stamps, stamp pads & ink